

# A Citizen's Guide To Preventing & Reporting Elder Abuse

Brought to you by the California Department of Justice









## STATE OF CALIFORNIA OFFICE OF THE ATTORNEY GENERAL

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Based on state and federal statistics, nearly 200,000 Californians are victims of elder Dear Fellow Californians: abuse every year. Already of crisis proportion, the problem threatens to grow worse as the "graying" of the Baby Boom generation results in unprecedented demographic shifts. Specifically, the United States Census Bureau projects that California's elderly population, already the largest in the nation, will nearly double in size within the next two decades.

What must Californians be prepared to do? Eighteenth-century Irish statesman Edmund Burke once wrote, "The only thing necessary for the triumph of evil is for good [people] to do nothing." The same can be said about how Californians respond to elder abuse – one of the most disturbing and rapidly growing areas of crime in the new millennium. Seniors, with their families and caretakers, should learn to recognize the telltale indicators of abuse and how to take precautions against becoming victims. In the wake of victimization, they need to know how to respond and

To assist Californians in learning how to combat elder abuse, some of the state's most to whom they can turn for aid. respected elder abuse prosecutors, investigators, elder advocates and scholars were called

upon to produce a knowledge base from which seniors and their caretakers can draw. The result is this thirty-six page free publication, "A Citizen's Guide to Preventing &

Decades of experience and expertise help shape this guide. Coupled with your diligence Reporting Elder Abuse." and care, this resource will assist in ensuring that California's elderly will live with security and dignity.

### Introduction

This guide is divided into three chapters. Chapter 1 addresses three of today's most prevalent areas of elder abuse:

- Physical and emotional abuse
- Financial abuse
- Abuse in long-term care facilities

In each of these areas, the guide provides (1) a basic overview and definition; (2) a discussion of the most common warning signs; and (3) practical advice on how to protect yourself, a loved one or friend from victimization.

Chapter 2 explains how to report elder abuse and to whom.

Chapter 3 provides a collection of valuable websites to readers in search of additional advice and information.

### Acknowledgments

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